



FOOTBALL CANADA

JUNE 2007 REPORT

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FOOTBALL BC REJOINS FOOTBALL CANADA

Ottawa, ON – June 1-3, 2007 – Football BC's application for ordinary membership to rejoin Football Canada was unanimously accepted at the 2007 Football Canada AGM.

We are pleased to welcome Football BC back into the Football Canada family! Please visit Football BC at www.playfootball.bc.ca.



FOOTBALL CANADA ADOPTS NEW GOVERNANCE MODEL

Ottawa, ON - June 1-3, 2007 – The Restructure and Renewal Committee completed its work on Football Canada's new governance model and submitted its final proposal for approval at the 2007 Football Canada AGM. The Board voted and will adopt the new governance structure with the provision that authority of the new Board of Directors take effect on the date of approval by Industry Canada of the amendments to the By-laws, and until that time the existing Executive Committee, Board and Committees continue to govern Football Canada.

Board of Directors

President – Barry Gunther
Director (Alberta) – Neil Gerritsen
Director (Manitoba) – Don Van Achte
Director (New Brunswick) – Roger Collette
Director (British Columbia) – Michael Boreham
Director (Ontario) – Peter Repac
Director (Nova Scotia) – Rick Rivers
Director (Saskatchewan) – Kim Wudrick
Director (Quebec) – Bob Mironowicz
Director (Prince Edward Island) – Gary Mancuso

The New Board of Directors will have their first meeting and orientation in Toronto at the end of July.

FOOTBALL CANADA CUP 2007 LARRY SMITH NAMED HONOURARY PRESIDENT

Sherbrooke, QC - June 19th, 2007 – Mr. Larry Smith, the President and Chief Executive Officer of the Montreal Alouettes, has been named the Honourary President of the upcoming Football Canada Cup, which will be held in Sherbrooke from July 7th to the 14th.

Co-hosted by Bishop's University and the Université de Sherbrooke, the Football Canada Cup serves as the national junior Under-19 and Under-17



championship. Over 550 athletes from across the country will participate, representing 11 separate teams. The tournament's 15 games will be held at three separate locations: Bishop's University's Coulter Field, the Universite de Sherbrooke Stadium and the football field at Sherbrooke's du Phare High School.

"As a former Bishop's Gaiter, I am particularly honoured to serve as the Honourary President for the 2007 Football Canada Cup in Sherbrooke," said Mr. Larry Smith.

"The Alouettes have always been active in promoting and developing youth football in Quebec. Youth football is an important part of our mission and we would like to wish all the participating teams and athletes the best of luck."

For Alain Lapointe, who serves as the Director General of the Sherbrooke Vert & Or's Corporation Club and Co-Director of the Football Canada Cup, Mr. Smith was a natural selection as Honourary President.

"Larry Smith has been extremely influential in increasing the popularity of football in Quebec. His availability and charisma were crucial to the development of football in Quebec in the 1990's and 2000's. We are very proud to have him on board as our Honourary President."

The Football Canada Cup will begin on Saturday, July 7th when Ontario's U-17 team will face Manitoba's U-17 team at 10:00 A.M. at du Phare High School in Sherbrooke. Quebec's first game will take place that day at 5:00 P.M. when they host Southern Alberta at Bishop's Coulter Field.

The U-19 tournament will begin on Sunday, July 8th when Quebec and Ontario face each other at Coulter Field. Kick-off is scheduled for 1:00 P.M.

The U17 final will take place Friday, July 13th at 5:00 p.m. at the Universite de Sherbrooke while the U19 final will take place at 5:00 p.m. at Bishop's Coulter Field.

For all tournament news including FCC players who have played in CIS and the CFL, please see: www.footballcanada.com/tackle_competitions_final.asp

IFAF YOUTH COACH OF THE YEAR – TODD VAN RITCHIE

The International Federation of American Football (IFAF) has announced that Todd Van Ritchie from Nova Scotia has been selected to receive the IFAF Youth Coach of the Year award for 2007. Football Canada would like to congratulate Todd for the honour and thank him for his time and commitment to youth football.



IFAF, with the support of NFL International founded the IFAF Youth Coach of the Year Award and is awarded to up to five youth coaches from member federations.



Todd will attend the NFL Youth Football Summit July 24 – 27, 2007 in Canton, Ohio. More than 100 coaches will participate in three days of clinics, educational seminars and roundtable discussions led by football experts and NFL greats.

Todd's playing career was dedicated to the Ottawa area where he began his playing career with the North Gloucester Giants minor program and then with the University of Ottawa Gee Gees and finally with the Ottawa Sooners Junior Football Club where he led the team as quarterback to the 1992 CJFL Canadian Bowl Title.

Todd, Matt Clow, Eric Nowak and QB Scott Seamone

Since moving to Halifax, Nova Scotia, Todd has dedicated his coaching time to the Queen Elizabeth High School Football Program which has become the most successful in Nova Scotia's football history.

He has also been the Offensive Coordinator of the Nova Scotia U17 Provincial teams which won the silver and bronze medals at the 2004 and 2005 Football Canada Cups. Recently he has coached the Citadel Seahawks to two undefeated seasons.

Todd is a Level 3 NCCP Football certified coach, a course conductor and learning facilitator for both the Tackle and Flag Programs.

Other recipients this year are:
Peter Upham, Australia,
Matthias Mecherlein, Germany
Noburo Hamabe, Japan
Yul Castillo, Mexico

NFL-CFL NATIONAL FLAG LEAGUE CHAMPIONSHIP

Flag U-15 Teams have been selected from six of the seven provinces that will be competing at the NFL-CFL National Flag League Championship. The national tournament will be played on July 5th at North Winnipeg Nomads Football Club in Winnipeg.



Congratulations to the following coaches and teams on their victories:

John Turner and the Summerside Giants of Prince Edward Island
Peter Field and the Dartmouth Eagles of Nova Scotia
Laurent Dubreil and Team Vaudreuil of Quebec
Matty Hill and the Ontario Steelers
Ron MacNeil and the Edmonton Hurricanes of Alberta
Derek Picton and the Saskatchewan Roughriders of Regina

MISTISSINI, QUEBEC MAKES THE LIST FOR 'FLAG TEAMS TO WATCH FOR'

Football Canada visited Mistissini, Quebec in June to observe the Tackle program and introduce Flag football to Sports & Recreation Staff.

Tackle football is in its first pilot season for youth. Josh Sacobie, quarterback for University of Ottawa, is delivering sport programs for the Cree Nation of Mistissini for the summer. His experience as an aboriginal athlete and his status with the University team give him natural appeal to community members. Success of the pilot includes a loan of pads, jerseys and helmets from the Ottawa Generals Football Club. Expenses have been kept to a minimum as the community evaluates the qualities of Tackle.

Flag football will be offered to youth as part of the summer sport program as well. Flag is a great starting point, especially for small communities. It builds the fundamental skills necessary for Tackle without the demands of long rosters and proper fitted equipment. The kids can play year round indoor too which puts the community on the 'teams to watch for' list as national flag competition is on the rise.



To complete the visit North, the NCCP Community Sport Initiation training was facilitated to seven individuals at the Mistissini Fire Hall on June 19th. Football Canada staff, Rick Sowieta and Cara Lynch were joined by a Paul Racine, Consultant, and Hilary Van Loon, Ottawa Touch Football Coach, to present material for Tackle and Flag coaches and run a game inside the arena.

SUN BOWL XXII **PACIFIC NORTHWEST WOMEN'S FOOTBALL CHAMPIONSHIPS**



The 22nd annual Sun Bowl worked 21 teams into games on June 22nd-24th. Three days of intense football, strained muscles, cut lips, stitches and a little blood and by the time it was all over exhaustion beyond belief. Play Hard or go Home was never more true than in this Sun Bowl.

Teams

They came from everywhere; the teams vying for the top spot, Alberta, Saskatchewan and B.C. The Posse from Calgary were Top Flight Champion's defeating the Vancouver Angels 21 – 6 and taking

home \$1200.00 a bunch of prizes, memories and an unbeaten record, scoring 186 points in 8 games and allowing only 40 points to be scored against them.

Winners

In Almost Top Flight it was the Sharks from Vancouver who stepped up their game to defeat their arch rivals the Vancouver Reign 12 – 6 and take home \$550.00. In the Grounded Division the Powers took home \$ 450.00 by squeaking bye the A-Team 7- 6 in their final. Two over time games had people on their feet as the posse narrowly beat the Crew 15-14 and the Law and the Rage went toe to toe in a 11 – 8 out come in favour of the Rage.

Awards

- *Most Outstanding Offensive players for divisions:* Erin Walton (Posse), Jill Napier (Bandits), Cari Hartfield (Swarm)
- *Most Outstanding Defensive player for divisions:* Sue Childress (Posse), Pam Reddy (Tighty Whiteys), Suzanne Zilkowsky (Sharks)
- *Tournament MVP:* Stephanie Beverly of the Calgary Posse
- *Most Sportsmanlike team voted on by the referees:* Victoria's NRG



Thank you to everyone that made the 22nd Bowl a success:

Duncan's Field Crew

Dale Carnochan, Facility and Operations

Dave Paddle, Set-up and Tear-down

Mark Beecroft, official

John Elzinga, official

Ken Chambers, official

Bruce Klaasen, official

Larry Mattin, official

Dale Peters, official

Warren and Amy of the Courts Lounge, Beer Gardens

Coolers, A-Team, Labourors

Linda, Gord, Food

Larry Martin, Scores, Draws and Software

Sponsors: Country Grocer, Coke, Pro-Organics, Blue Line Sports, Jackelyn Thompson - web site

www.cwfl.ca

NSVFL CHAMPIONSHIPS

The Metro Mustangs captured their first NSVFL championship on Sunday, June 24th with an 18-5 victory over the Citadel Seahawks. The Mustangs were led by QB Riley Chisholm who threw for 2 TD passes and over 200 yards on the day. The Mustang defense held the previously undefeated and heavily favoured Seahawks to only a field goal.



NATIONAL OFFICE UPDATE

Football Canada is sad to announce the departure of Jennifer Purdy from the National Office. Jennifer, the Administrative Coordinator and Office Manager, has been with us for the last three and half years. Jennifer always went above and beyond the call of duty and will be sorely missed for her efforts and dedication to the greater football community!!!

We say thanks, farewell and wish Jennifer all the best in all her future endeavours!!!

Effective July 3rd, 2007, Paul Stoddart will be resuming administrative duties and can be reached at (613) 564-2675 or admin@footballcanada.com.

PHOTO OF THE MONTH



Island Construction Colonels vs. Cornwall Timberwolves
Prince Edward Island
Photo: TDTSolutions

Please send us any photos you would like posted to our photo gallery!!

HUMAN KINETICS – BOOK OF THE MONTH

Complete Conditioning for Football

The book includes 98 proven position-specific exercises that help players at all levels improve speed, agility, power, and endurance. The guide covers basic training principles of adaptation, specificity, overload, and periodization. It also lists which drills are beneficial for some players but not for others, and includes guidelines for proper rest and balanced nutrition.

\$23.95 Cdn
ISBN: 0880115211
296 Pages
©1998

For more information on *Complete Conditioning for Football*, please see:
<http://www.humankinetics.com/products/showproduct.cfm?isbn=0880115211>

To order, please contact us at: admin@footballcanada.com.

