



NEWS RELEASE

NATIONAL U15 FLAG CHAMPIONSHIPS

OTTAWA WELCOMES THE NATIONAL U15 FLAG FOOTBALL CHAMPIONSHIPS

Ottawa, 13 July 2009 – Football Canada and the Ontario Football Alliance are proud to host the National U15 championships for the U15 Flag League presented by the NFL in Ottawa, Ontario from July 24 -26.

The top U15 Flag league teams from around the country will compete at Carleton University and Brewer Park. The tournament will consist of nine NFL Flag League Provincial champions from the 12-14 age group.

The nine teams competing in the tournament include Prince Edward Island, New Brunswick, Nova Scotia, Quebec, Ontario, Manitoba, Saskatchewan, Alberta and British Columbia.

The tournament will begin on Friday, July 24 with Quebec vs. PEI and Ontario vs. New Brunswick at 5:00 PM. The opening ceremonies will take place on Saturday, July 25 at 9:00 AM. Finally, Sunday will be the medal round with games kicking off at 9:00 AM and the Championship game being played at 10:00 AM.

In 2008 Team Ontario from Hamilton, coached by Matt Hill, won the championship for the second consecutive year. Team Alberta coached by Ron McNeil captured second place and Team Quebec coached by Laurent Dubreuil came in third. This year promises to be extremely competitive once again.

Please see the attached schedule for more details

About Flag Football

Flag Football is an active for life sport, played for recreation or competition. It is non-contact and implements cardiovascular training and mental strategy. Children, men, and women of all ages play flag. People can play recreationally in parks, as part of school intramural programs and on a more competitive level within organized leagues. Flag Football is a sport easily adapted any age and any ability. It is one of the fastest growing sports being played in Canada with competition extending internationally.

2010 Flag World Championships

Football Canada is proud to host the 2010 Senior World Cup and promises the best-ever flag event for IFAF members. The event will be held in Ottawa, Ontario from August 11 – 16, 2010. In 2008, 13 countries took part in the tournament with Canada taken Men's Gold and Women's Silver. Please watch the Football Canada website for up to date news at www.footballcanada.com.

About Football Canada

Established in 1884, Football Canada is the national governing body of amateur football in Canada and a proud member of the International Federation of American Football (IFAF). Working closely with the provincial football associations, we develop programs and resources for players, coaches, officials in the three disciplines of Tackle, Flag and Touch Football. Football Canada's vision statement is "from playground to stadium" where players can participate in the game of football throughout a lifetime recreationally, competitively and internationally.

FOR IMMEDIATE RELEASE

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