



FAQ – U15 Flag League 2010

U15 Age Division

The U15 coed team that wins the provincial championship is invited each year to play in the U15 National Championship. In 2010, this championship will be held in Ottawa, Ontario, August 14-16 (competition dates). Travel will be arranged through West Jet by Football Canada after a province registers a minimum of one U15 coed flag league including at least four teams. Registration form follows.

Roster

Each team is to be coed with a minimum ratio of 3/2 and a total of 6 athletes and 1 coach and 1 team manager.

How does my team compete in the NFL National Tournament?

Each team registered as a NFL U15 will be advised of the Provincial playoff dates by the PSO. Each playoff needs to be scheduled by May 22 and needs to take place by June 20, 2010. Playoffs must include a minimum of 4 teams.

Can we enter an 'all star' team?

No "all-star" teams are allowed to represent their province at the 2010 Flag Football U15 National Championship. An all-star team is designated as a group of individuals who are selected to participate on a provincial team through tryout, selection camp or other avenue other than one season of league play. **To ensure that all star teams are not created, each team needs to complete a roster of no more than 5 male and 5 female athletes at the time of team registration. Football Canada will require a copy from each PSO no later than May 22, 2010.**

Where do I find the rules?

The NFL League uses the rule book of Football Canada, which can be purchased through your PSO for \$10. The 2010 Technical Package is available on the previous web-page.

PSO Responsibilities

When your provincial champion team is decided, e-mail the names of 6 players, 1 coach, 1 team manager and 4 potential substitutes to the Non-Contact Football Manager at noncontact@footballcanada.com **no later than Friday, June 25, 2010.**

Each PSO must provide proof of age and gender (birth certificate or passport) for each player and full spelling and address of coach and team manager immediately after Provincial Championships. This information must be faxed to the National Office at: 613-564-6309.

The PSO is responsible for arranging local transportation from point of origin to airport, lunch each day, dinner on Friday, Sunday, Monday. A mandatory dinner is scheduled for all teams Saturday evening.

Flights

Football Canada will book flights for teams early in the 2010 for itineraries to be available to all teams at registration and throughout the season. Any cost to change itineraries will be charged to the team/PSO



2010 Flag Football League Registration
League Coordinator Use This Form to Send To Your PSO
 Visit <http://www.footballcanada.com/associations.asp> to find your PSO

U15 NFL Flag League

To be eligible to participate in the 2009 U15 Flag Football National Championships, athletes must be **born on or after January 1, 1996 and before December 31, 1998**. Teams will be comprised of at least a 4/2 gender ratio, 1 coach and 1 team manager (opposite genders). Football Canada's 5vs.5 rules will apply.

U17 NFL Flag League

To be eligible to participate in the 2009 U19 Flag National Invitational, athletes must be **born on or after January 1, 1994 and before December 31, 1995**. Teams will comprise of all boys or all girls of 8 players, 1 coach and 1 team manager. Football Canada's 7vs.7 rules will apply.

Complete the following information and submit with payment to your provincial football organization. All league participants must be registered members of the appropriate provincial Football Association for 2010-2011.

League Name:		League Coordinator:	
Shipping Address: (No PO Box please)			
Province:	Postal Code:	Phone:	
email:			
League Start Date (first scheduled activity):			
League Age Group (circle one):		U9 U11 U13 U15 U17 U19 other:	
Number of Girls in League:		Number of Boys in League:	
Total athletes: x\$35 =			

Each league must have a minimum of 4 teams. Please write the number of jerseys per size per team in the boxes below. Please note "Y" before size denotes Youth sized jerseys. "A" denotes adult sizes.

Team 1				Team 2				Team 3			
Y SM			A SM	Y SM			A SM	Y SM			A SM
Y MED			A MED	Y MED			A MED	Y MED			A MED
Y LG			A LG	Y LG			A LG	Y LG			A LG
Team 4				Team 5				Team 6			
Y SM			A SM	Y SM			A SM	Y SM			A SM
Y MED			A MED	Y MED			A MED	Y MED			A MED
Y LG			A LG	Y LG			A LG	Y LG			A LG
Team 7				Team 8				Team 9			
Y SM			A SM	Y SM			A SM	Y SM			A SM
Y MED			A MED	Y MED			A MED	Y MED			A MED
Y LG			A LG	Y LG			A LG	Y LG			A LG
Team 10				Team 11				Team 12			
Y SM			A SM	Y SM			A SM	Y SM			A SM
Y MED			A MED	Y MED			A MED	Y MED			A MED
Y LG			A LG	Y LG			A LG	Y LG			A LG
Team 13				Team 14				Team 15			
Y SM			A SM	Y SM			A SM	Y SM			A SM
Y MED			A MED	Y MED			A MED	Y MED			A MED
Y LG			A LG	Y LG			A LG	Y LG			A LG