



FOOTBALL CANADA

APRIL 2008 REPORT

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FOOTBALL CANADA HEADS TO NEWFOUNDLAND

In Football Canada's continued efforts to promote football across the country, they landed in the most eastern province of Newfoundland. Mark MacDougall of Football PEI conducted a NCCP coach's training for flag football to eight teachers at Rennie's River Elementary School in St. John's. John Elkins of the Eastern School District helped pull the event together and gathered dedicated teachers from the area who attended the training during their school break. The teachers were looking to better integrate flag football into their curriculum and went through the agenda with great enthusiasm.

SENIORS NATIONAL INVITATIONAL FLAG TOURNAMENT

Football Canada in partnership with Football Quebec and Flagbec, will showcase the best senior flag teams Canada has to offer at the National Invitational Tournament in St.Jean, QC at the end of May. The top Men's and Women's teams will have the opportunity to represent Canada at the IFAF World Championship in July. Visit www.footballcanada.com or email flag@footballcanada.com for more information.



CANADA HOSTS THE WORLD IN FLAG FOOTBALL

St. Jean-Sur-Richelieu, QC will host the world at the 4th IFAF Flag World Championship on July, 24 to 28th. This is the first time in the history of the International Federation of American Football that a major tournament will be played on Pan-American soil. Football Canada in partnership with Football Quebec and Flagbec are proud to host this event and showcase what Canada has to offer. For more information visit www.ifaf.info or www.footballcanada.com.



NFL U-15 DESCENDS ON PEI

Teams from as many as 10 provinces will descend on Cornwall, PEI for the NFL U-15 National Championship July 2 to 4th. Provincial teams will be determined through local and regional competitions through out the spring during the NFL Flag League. In 2007, the Hamilton Steelers won the National title. Which province will win it in PEI 2008? Visit www.footballcanada.com for more information and updates or tournament or contact:

Mark MacDougall, Football PEI
902-368-1674

Mike Danischewsky, NFL Canada
416-602-2913

2008 MARITIMES WOMEN'S FOOTBALL LEAGUE ANNUAL GENERAL MEETING



On Saturday March 1st, 2008 the Maritime Women's Football League held their AGM in Moncton, NB. Representatives from the four teams participated in the meetings; Capital Area Gladiators, St-John Storm, Moncton Vipers, and the Halifax Xplosion, as well as the development from Football New Brunswick and the President of Football New Brunswick.

With another snow storm headed towards Moncton the meeting finished up a little early, during the meeting discussion took place about the possibility of moving their game to a 12 aside system it was decided in the end they will continue to play 10 aside. The previous game ball is no longer being produced so the League as decided to move to the Wilson TDJ composite. There was much discussion on the growth and development of female tackle football in New Brunswick and Nova Scotia. Thought are that development needs to take place at younger level the 15-17 year age group.

FOOTBALL CANADA CUP 2008

The Football Canada Cup 2008 schedule has been released and can now be found on the Football Canada website. The event takes place for a second year in Sherbrooke, QC and will get started on Saturday July 5th with the Under 17 division playing three games starting 12:00(noon). The Under 19 division will begin Sunday July 6th at 15h00. For more details visit www.footballcanada.com

FOOTBALL CANADA COACHES DEVELOPMENT MEETINGS

During the weekend of March 28th – 30th members of the Football Canada Coaches Development Committee met to start the review of the NCCP technical tackle manuals. Experts were pulled from across the country to review each football position based on skills and drills. Each position was discussed in length with the entire group. The review is also to align with the NCCP transition to a competency based program. Participants included Peter Regimbald, Greg Marshall, John Belmont, Jay Hetherington, Larry Haylor and Ed Carleton. Absent: Pat Sheahan, Gerry McGrath, Sonny Wolfe, Marc Schryburt, and Jacques Chapdelaine.

NEW FOOTBALL CANADA OFFICE EMPLOYEES

Football Canada is happy to welcome Tim McEwen to the office. Tim is a recent Master's graduate with the University of Ottawa Human Kinetics; Sport Administration department. Prior to this he graduated from Concordia University with a degree in Leisure Sciences. Tim is originally from the Montreal area and has experience working in the area of sports and recreation.

Tim is in a one year contract position with Football Canada as Youth Football Development Programs Coordinator; he will be working closely with the Flag and Tackle programs including the Junior Player Development and 6-A-Side programs.

Tim can currently be reached at development@footballcanada.com When you have a chance please welcome him to the Football Canada Team.

Football Canada would also like to announce the appointment of Paul Stoddart to the position as Communications and Member Services Coordinator. Paul began his time with Football Canada in May 2007 as intern while he finished up his Master's degree. Paul can be reached at communications@footballcanada.com or 613-564-2785.



*2ND ANNUAL
EAST COAST MEGA CLINIC*

APRIL 25 & 26, 2008

LOCATION: COBEQUID ED. CENTRE
TRURO, NOVA SCOTIA
PRE-REGISTRATION ENCOURAGED

Please visit WWW.FOOTBALLCANADA.COM for more information



HUMAN KINETICS – BOOK OF THE MONTH

The Heads-Up on Sport Concussion

Gary S. Solomon, Karen M. Johnston, Mark R. Lovell

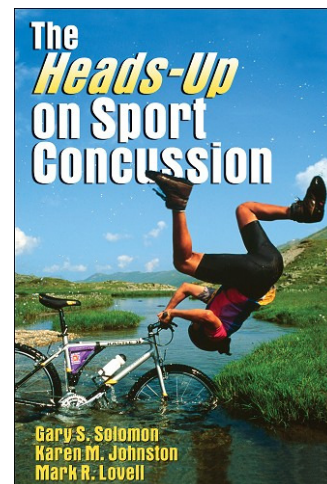
Copyright 2006 ISBN: 0736060081

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152pp

Paperback

Regular Price: \$29.00 (U.S. dollars)



About the Product

Concussions happen at all levels of sport, from the earliest levels through the professional ranks. Potentially catastrophic if not detected early, concussions have ended the careers of many notable professional players—and it's estimated that in high school football alone, about 1 in 5 players suffers a concussion.

The Heads-Up on Sport Concussion is a concise introductory book on sport concussion for professionals who work with athletes. It provides a comprehensive review of current literature on sport concussion, and it guides professionals in communicating with athletes, parents, and coaches regarding assessment, treatment, and other issues surrounding sport concussion.

In *The Heads-Up on Sport Concussion*, the authors detail

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- what happens when the brain is injured;
- appropriate assessment and evaluation tools;
- sport-specific issues;
- how medical organizations are addressing the issue of sport concussion;
- medical and nonmedical treatment and rehabilitation strategies;
- recent research on a variety of topics in sport concussion; and
- essential information for coaches, athletes, and parents.

This book is focused and authoritative in its treatment of a poorly understood medical problem. Providing clear clinical management strategies for sport concussion injuries, the text compiles the best available information from different resources and synthesizes the information with summaries and conclusions for easy comprehension. The material is enhanced further with photos and illustrations depicting MRI scans and brain images showing chemical reactions in the brain after an injury. In addition, the text identifies particular sports and sport activities that have the greatest incidence of sport-related concussions, and it reports on and critiques those strategies that are currently in place to combat sport concussion across different sport groups.

In *The Heads-Up on Sport Concussion*, professionals in sports medicine, neurology,

neurosurgery, and neuropsychology offer strategies for recognizing and treating sport concussion. The text provides appropriate research resources without getting bogged down by lengthy research critiques. Many chapters include a Research Digest section that identifies critical research data used in developing recommendations and conclusions. Additionally, an educational poster is available for download via the Internet for trainers, physicians, coaches, and sports medicine professionals to use to educate athletes and their families about the signs, symptoms, and treatment of concussion. The poster is available at www.HumanKinetics.com/TheHeadsUponSportConcussion.

The Heads-Up on Sport Concussion provides a current understanding of terminology, assessment, treatment, and criteria for return to play for a range of readers. Researchers, medical professionals, and health care specialists will have a more thorough grasp of the various aspects of sport concussion and thus be able to provide better care and education to athletes who sustain concussions. Its complete treatment of a critical topic makes this a must-read for anyone involved in the care and training of athletes.

To order, please contact us at: admin@footballcanada.com.