



FOOTBALL CANADA

# This Month in

# Canadian Amateur Football

AUGUST 2009 NEWSLETTER

## THIS MONTH

U15 Flag Championships	2
Stripe Zone	2
FC Updates	2
IFAF Senior Women's Worlds	3
Coaching	3
Share Your Football Stories	3
MWFL Championship	4
IWFL Championship	4
HK Book of the month	4
Photo of the Month	4
FC Merchandise	4

## Canada Takes Silver at the 2009 IFAF World Junior Championships

Congratulations to Canada's U20 National Junior team who completed a successful run at the inaugural 2009 IFAF World Junior Championships by winning Silver at the event held in Canton, Ohio.

Canada advanced to the final after beating New Zealand and Japan in the preliminary rounds. In the semi-final against the Japanese, Canada overcame a deficit late in the game to win in the final seconds. Alex Anthony of Victoria scored the winning touchdown with 16 seconds left to give Canada a 38-35 victory over Japan and a berth in the final

Junior football's two superpowers squared off in the final, but unlike other competitions, the U.S., team fielded the best players from all 50 states rather than one state.

"This is the best American team we've ever faced at the junior level," said Constantin. "They come from all over the U.S. Thirty-five of their 45 players are on NCAA Division 1 scholarships. They are fast and excel in all facets of the game."

The United States defeated Canada 41-3 in the final. "Our offence was stalled and couldn't execute," said Canadian head coach Glen Constantin. "Our defense was on the field a lot and did well all things considered. In 2004 we lost by a similar score against a team from Texas, and then won the title the following three years. There were no restrictions on this U.S., all star team with players available from all 50 states. We know we have some work to reduce the gap. We'll do better next time."

Nine Canadians were named to the 2009 Tournament All-Star Team.

The following World Juniors are scheduled for 2012



For more information on Football Canada's Junior National Team Program, visit [www.footballcanada.com](http://www.footballcanada.com). For more information on the IFAF Junior World Championship, visit [www.jwcfootball.com](http://www.jwcfootball.com)

## 2009 Football Canada Cup

Saskatoon, Saskatchewan

Congratulations to the U17 Team Eastern Ontario and U19 Team Saskatchewan for winning the Football Canada Cup Tournaments.

Ontario East racked up a 21 point lead at the half and coasted to a 42-7 victory over Alberta South. It was an outstanding game for Ontario quarterback Dallan Kruprowski who threw for 186 yards and two touchdowns plus rushed for 113 yards and scored another two touchdowns on the ground.

In the U19 Final, The home province team put in a golden performance to finish off the event. Jake McGeough passed for 178 yards including a touchdown to Lane Bannerman and then rushed for another as Saskatchewan beat Alberta 17-4 to claim the gold medal in the U19 division. Alberta QB Adam Senuik had an impressive 216 yards passing but they were unable to put the ball in the endzone. This is the first gold medal for Saskatchewan in Football Canada Cup competition.



For news, stats, purchasing photos and the 2009 FCC Video please visit [www.footballcanadacup.ca](http://www.footballcanadacup.ca)



**2009 NATIONAL U15 FLAG CHAMPIONSHIPS**  
 Carleton University, Ottawa, On

The Ontario Football Alliance and Football Canada hosted a successful National U15 Flag championships for the League presented by the NFL. A record 9 provinces participated in this year's event in Ottawa from July 24—26. Although the weather was not perfect, the play on the field was intense and competitive. Congratulations to Champion Team Ontario, silver medallist Team British Columbia, bronze medalist Team Manitoba and all the great football players who participated.

For more information and to see tournament photos please visit [www.footballcanada.com/flag\\_competitions.asp](http://www.footballcanada.com/flag_competitions.asp)

**Stripe Zone**

**Officials Training for Flag Football**

Twenty-two officials from nine different provinces arrived in Ottawa two days prior to the U15 Championship to solidify technical points and officiating mechanics for flag football. It was a successful workshop with the results: an improved technical package, course package for officials to take back to their province and a basis for future development for flag officials.

The group formed five teams of four officials plus two supervisors to work the 24 Championship game-schedule, further developing novice and seasoned officials' skills.

This 4 day session of meeting and working games follows three months of conference calls by the Officials Development Committee: Robert St Pierre, Francois Bougie, Enzo Spadafora, Gena Cook, Kevin Sweryd, Bill Murphy and Peter Field. In the end we had 8 female officials and 14 male officials coming together, impacting the technical

merits of the game substantially.

We thank our officials for generously volunteering their time and knowledge to further sport: John Puglia, BC; Lori Wain, BC; Kevin Frigon, BC; Doug Pauls, BC; Susan Childress, AB; Brian Verlaan, AB; Mike Thomas, SK; Lindsay McKaeff, SK; Emily Clark, ON; Enzo Spadafora, ON; Josh Sacobie, ON; Sabrina Slade, ON; Jean Claude Langevin, QC; Claude Despatie, QC; Ariane St-Georges, QC; Arliss Wilson, NB; Shanon Noel, NS; Carly Corkum, NS; Mike Campbell, NS; Gena Cook, MB; and supervisors: Francois Bougie, QC and Robert.St-Pierre, PEI.



**Updates**

**Enable All Players**



Two developmental flag football sessions were held in July at Ottawa Children's Treatment Centre (OCTC). OCTC is a leader in providing specialized care for those with multiple physical, developmental, and associated behavioural needs, focusing on children and youth. Cara Lynch worked with the 'Mission Possible Teens' on July 15<sup>th</sup> to build throwing and catching skills. On July 28<sup>th</sup>, Cara Lynch and Josh Sacobie returned to play a 20 minute flag football game with participants in the Summer Survivors program. In August, Josh Sacobie and Cara Lynch will host sessions in partnership with City of Ottawa camps. Flag football sessions are especially useful to summer camp organizers be-

cause it is a sport that is easy to modify depending on the needs of participants. Football Canada recently became a member of the Canadian Paralympic Committee to enhance sport services to people with a disability. If your organization wants information to start-up and maintain a flag football program and enable youth or adults to play, contact Cara at [noncontact@footballcanada.com](mailto:noncontact@footballcanada.com)



**Football lives in the great North**

The Cree Nation of Chisasibi, located in north Québec, is playing its first 6-A-Side Football game this weekend August 8. The game celebrates the completion of the first season of the James Bay Football Program. Craig Bearss and Philip David,

from the University of Ottawa Gee-Gees Football Team, have been in Chisasibi for 5 weeks coaching fundamental skills to young Cree youth alongside program developer, Trevor Monaghan.

**IFAF Announces Two World Championship Events for 2010**



Ottawa is scheduled to once again host the 2010 IFAF Flag Football World Championship. The Swedish capital of Stockholm to host the first ever IFAF Women's World Championship. More details to follow

Full release at [www.footballcanada.com/useredits/Image/IFAF%20Flag%20Worlds%202010.pdf](http://www.footballcanada.com/useredits/Image/IFAF%20Flag%20Worlds%202010.pdf)

## 2010 IFAF WORLD SENIOR WOMEN'S FOOTBALL CHAMPIONSHIP

### Larry Harlow Named head coach for Team Canada at the Inaugural IFAF World Senior Women's Football Championship



Football Canada is pleased to announce Larry Harlow as the Head Coach of the National Senior Tackle Women's team to represent Canada at the 2010 IFAF World Senior Women's Football Championship.

History will be made in the Swedish capital Stockholm when the first-ever IFAF Women's World Championship of American Football is held in either late June or early July of 2010. The exact dates and number of participating teams are to be determined.

During the recent 12th annual IFAF Congress held in Canton, Ohio during the World Junior Championship, several countries expressed an interest in entering the inaugural competition. Women's tackle football is currently played in Austria, Brazil, Canada, Colombia, Germany, Finland, Japan, Sweden, Venezuela and the United States and several nations also boast female flag football participation.



Full release [www.footballcanada.com/useredits/Image/2010%20IFAF%20Womens%20Senior%20Championship.pdf](http://www.footballcanada.com/useredits/Image/2010%20IFAF%20Womens%20Senior%20Championship.pdf)

## Coaching

### Top Ten Things a Parent Should Know About their Child's coach!

Physical activity stimulates growth and leads to improved physical and emotional health. Today, research shows that the importance of physical activity in children is stronger than ever. But sport, not just exercise, gives a child more than just physical well-being; it contributes to a child's development both psychologically and socially. Being the parent of a child in sport requires far more attention, time, and commitment than just driving them to their practices and games. The primary goal of parents and coaches is to help children find the success in sport they need to make them feel valued and wanted.

Go to [http://www.coach.ca/eng/parents/ten\\_things.cfm](http://www.coach.ca/eng/parents/ten_things.cfm)

To see the Top ten things a parent should know about their child's coach



## Share Your Football Stories

Email [communications@footballcanada.com](mailto:communications@footballcanada.com)

### My First Football Tournament

My name is Zenon Orobko and I am 7 years old. I love sports. My favourite sport of all is football. It is really important to my whole family. My dad is the coach of the Unity Composite High School Warriors Football team and I have been helping out as a manager. I run for equipment and supplies during practice, keep some stats during games and travel with the team. Our family loves the Riders and enjoys the CFL. During the NFL season we are also glued to the TV on Sundays especially. My mom and dad and my sisters and I have Grey Cup and Super Bowl parties. We love football in our house.

My family has a big yard and two years ago, Dad has made goalposts that are my size. The night he made them, they were ready just at dusk, so we turned on some floodlights so I could try some field goals. Last year he even borrowed the liner from the school and painted lines on the field in our yard. Almost every day I play football in my yard; with friends or my Dad or even by myself. So, last winter, I decided that I really wanted to host a football tournament for my friends.



I have friends of all ages and we love to play football. The list of people invited ranged from 5 years old to 12 years old. I made invitations on the computer and asked people to call to reply. Twenty-five friends said they could come. So, my Dad and I started asking local businesses and some in Saskatoon as well as some football teams like the Saskatoon Hilltops to sponsor my tournament. I made a letter telling them about my tournament and asked for their support. We got great support. There were enough things to give everyone a water bottle and a goodie bag. There were also more prizes to draw for at the end.

Go to [www.footballcanada.com/useredits/Image/FirstFootballTournament.pdf](http://www.footballcanada.com/useredits/Image/FirstFootballTournament.pdf)

**Moncton wins women's grid-iron championship at SupHer Bowl VI Women's Maritime Championship**

FOR MORE: GO TO [TELEGRAPHJOURNAL.CANADAEAST.COM/SPORTS/ARTICLE/741222](http://TELEGRAPHJOURNAL.CANADAEAST.COM/SPORTS/ARTICLE/741222)

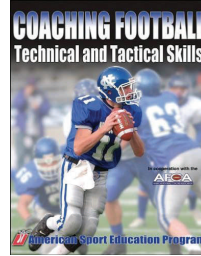


**Congratulations to the Independent Women's Football League North American Championship runner up Montreal Blitz**

IVFL WEBSITE [www.ivflsports.com](http://www.ivflsports.com)  
MONTREAL BLITZ WEB SITE [www.montrealblitz.ca](http://www.montrealblitz.ca)



**HUMAN KINETICS BOOK OF THE MONTH**



As a coach, it is often cause for concern to see your athletes performing skills well in practice but struggling in the game. *Coaching Football Technical and Tactical Skills* focuses on the situational decisions players and coaches make that often determine the outcome of games. Written by the American Sport Education Program (ASEP) in conjunction with Rob Ash, the head football coach at Drake University, this book allows players to gain valuable gamelike playing experience in practice by putting them in key tactical situations like the scramble, man-to-man and zone pass coverage, and onside kick.

Football Canada will receive a portion of the price of each order placed through the National Office. In turn, revenue generated will be shared with its member associations that agree to promote the partnership. Members receive 15% of the price of each Human Kinetic item that you purchase through this program. This rebate will help benefit Amateur Football within your province

**Regular Price: \$25.95 (Canadian dollars)**  
Contact [admin@footballcanada.com](mailto:admin@footballcanada.com) to place your order.

**Photo of the Month**



Maritime Women's Football League  
Saint John Storm Offensive Line vs. the Capital Area Lady Gladiators July 19

**Football Canada Gear is now available. Hoodies, t-shirts, shorts and more can be found at [www.footballcanada.com](http://www.footballcanada.com)**



Please contact [admin@footballcanada.com](mailto:admin@footballcanada.com) or call 613-564-0003



**Football Canada**

100-2255 St. Laurent Blvd.  
Ottawa, ON K2P 0K7  
Phone: 613-564-0003  
Fax: 613-564-6309  
Website: [www.footballcanada.com](http://www.footballcanada.com)

Football Canada is the governing body of amateur football in Canada. Working closely with the provincial football associations, we develop programs and resources for players, coaches, officials in the three disciplines of Tackle, Flag and Touch Football. Football Canada promotes "from playground to stadium" where players can participate in the game of football throughout a lifetime recreationally, competitively, internationally and from player to coach to official.

**NOTE!** If you have an amateur football event, story or pictures you would like to share with the football community, please email Paul Stoddart at [communications@footballcanada.com](mailto:communications@footballcanada.com)

If you know someone who like to stay connected with amateur football in Canada through Football Canada's monthly newsletter, please email the name and email address to [marketing@footballcanada.com](mailto:marketing@footballcanada.com).

